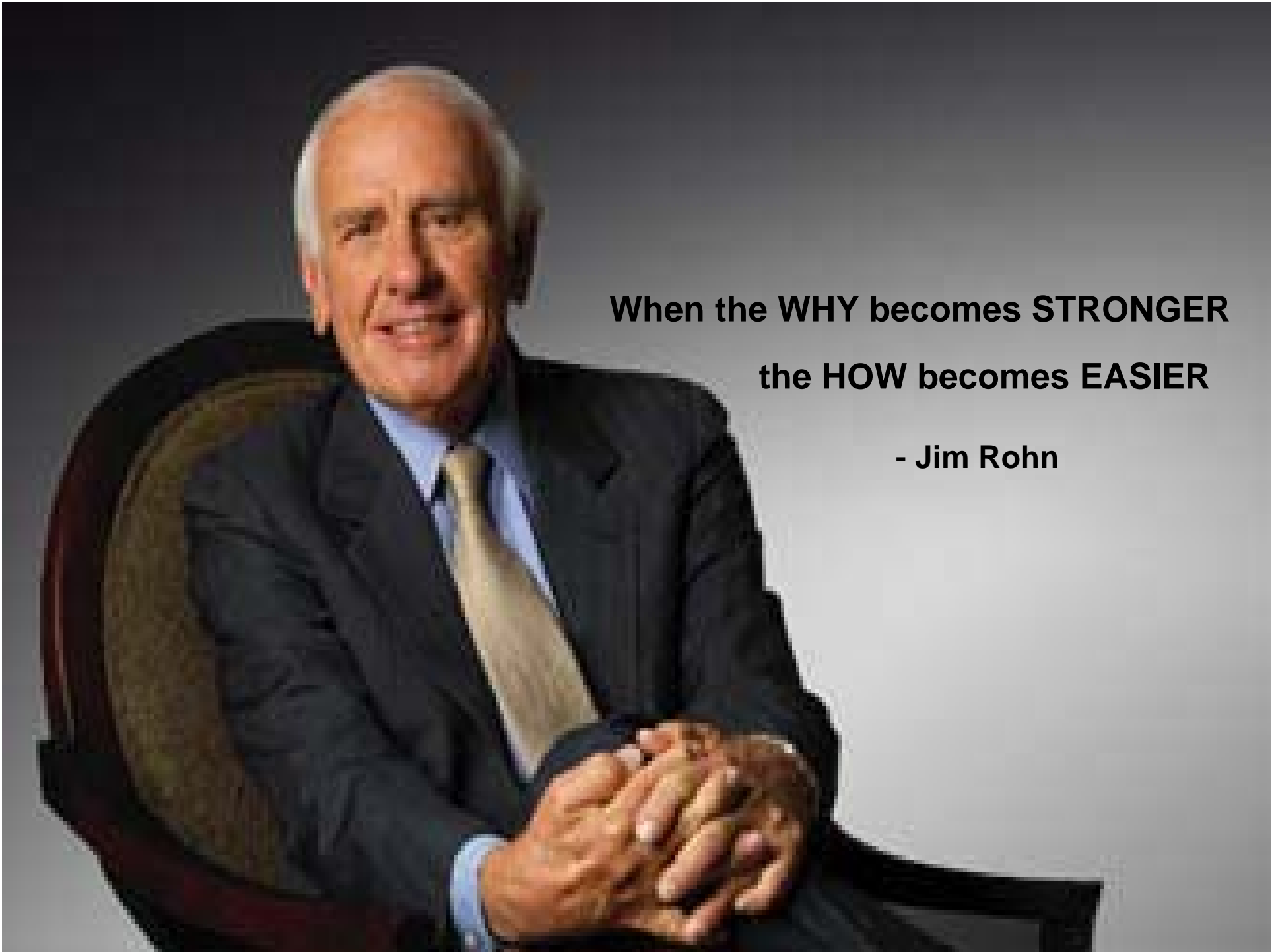


Community Pharmacy and Health Promotion

Changing Patient's Lives with
Healthy Living Pharmacies –
Mike Maguire

Community Pharmacy

- There are more than 11,500 Community Pharmacies in England
- Estimated 1.6 million visits a day in England of which 1.2 million are for health related reasons
- The Positive Pharmacy Care Law
- 89.2% of the population can access a pharmacy within a 20 minute walk from their home
- 99.8% of people who live in the most deprived areas can access a pharmacy within a 20 minute walk from their home
- Average 16 visits per year per adult in England
- Around 1 billion items are dispensed annually by Community Pharmacies



**When the WHY becomes STRONGER
the HOW becomes EASIER**

- Jim Rohn

The Six Compasses

- **Vision** – What does a successful future look like, act like, think like and feel like?
- **Values** – What do we really believe in?
- **Promise** – What will we deliver on, every single day?
- **Philosophy** – What attitude do we have that acts as a guiding principle?
- **Position** – Where do we want to see ourselves and where do we want others to see us, in our sector?
- **Engagement Framework** – How do we go about engaging with our patients and customers?

The Six Compasses of Marton Pharmacy

- **Vision** – To be the Best *Healthy Living Pharmacy* in the Country

The Six Compasses of Marton Pharmacy

- **Values** – We love making a difference to the lives of the people in our community. We are community focussed, and their Health and Wellbeing is our priority

The Six Compasses of Marton Pharmacy

- **Promise** – The Marton Pharmacy *Healthy Living Pharmacy Experience* will be better than in any other pharmacy

The Six Compasses of Marton Pharmacy

- **Philosophy** – We use the Kaizen principle, constantly looking at ways to improve and evolve, while keeping it fun and inspiring

I've learned that people
will forget what you
said, people will forget
what you did, but
people will never forget
how you made them
feel.

Maya Angelou



The Six Compasses of Marton Pharmacy

- **Positioning** – We believe in the quality of both our services and premises. We constantly strive to be the pharmacy that is recognised for delivering outcomes to patients, and our HLP Campaigns are becoming legendary.

The Six Compasses of Marton Pharmacy

- **Engagement Framework** – We make every contact count, keeping open to the opportunities that our patients and customers present us with, every single day. Every interaction we have is designed to create word of mouth recommendation

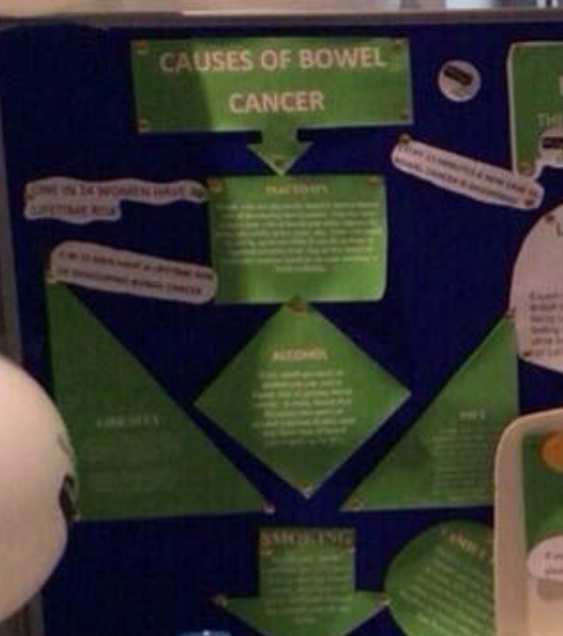


Health Services

Opening Hours:

Mon - Fri: 8:30am - 6:00pm

CAUSES OF BOWEL CANCER



BOWEL CANCER

THE UK'S SECOND BIGGEST KILLER

LOOSEN UP! LETS GET TALKING!

It's not just about the toilet seat. It's about the things that happen in the toilet. Bowel cancer is very treatable, especially if diagnosed early. If you are having symptoms of any of the following, please get them investigated by your GP.

Prevention DOES WORK
• Bowel cancer symptoms are only common
• Identifying the symptoms does not prevent bowel cancer
• **IF DIAGNOSED EARLY BOWEL CANCER IS TREATABLE**
• If you think you have a problem, don't wait
• If you have a family history of bowel cancer, you should see your GP

OVER 93%
OF PEOPLE DIAGNOSED WITH BOWEL CANCER AT AN EARLY STAGE SURVIVE FOR AT LEAST 5 YEARS

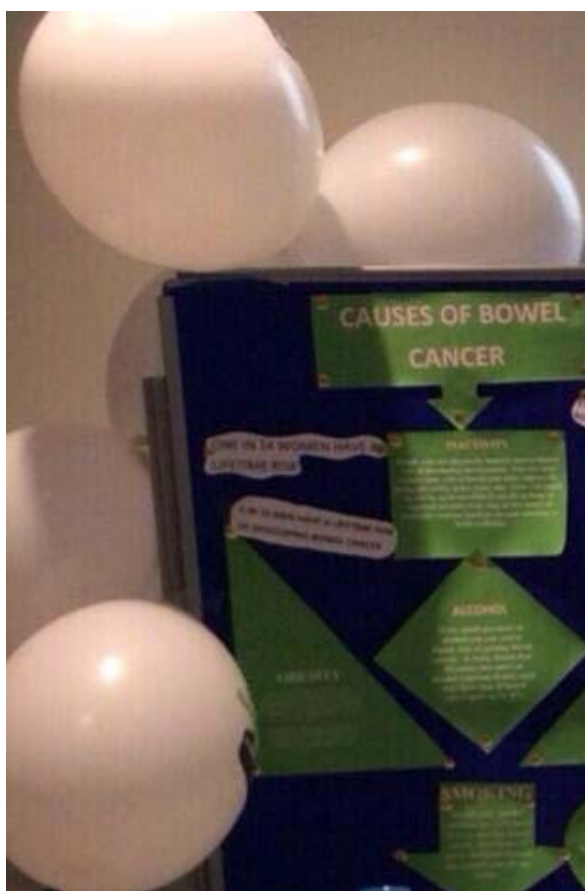


THE 5 YEAR SURVIVAL RATE HAS DOUBLED OVER THE LAST 40 YEARS

THREE WAYS TO REDUCE YOUR RISK
• Eat a healthy diet
• Exercise regularly
• Don't smoke



Effort	Signs and symptoms	What to do
1	Constipation	Drink more water
2	Diarrhoea	Reduce fibre intake
3	Stool with mucus	See your GP
4	Rectal bleeding	See your GP
5	Change in bowel habit	See your GP
6	Unexplained weight loss	See your GP
7	Family history of bowel cancer	See your GP









WEAPONS OF MASS ADDICTION



DANGER
FORMALDEHYDE
IRRITANT & POTENTIAL
CANCER HAZARD
AUTHORIZED PERSONNEL ONLY

CAUTION
BIOHAZARD

- MORE CASH
- MORE CASH
- LIVE LONGER
- MORE CASH
- MORE CASH
- LIVE LONGER



Quit Smoking here
QUIT PARTNER
Quit smoking here

The more you quit, the more you gain. Quit in 28 days.

STOP

Track your progress!	28 Days	56 Days	84 Days
£63	£127	£190	£254
56 Days	£127	£190	£254
84 Days	£127	£190	£254

Quit Smoking Here
QUIT PARTNER

Why quit?
LIVE LONGER
MORE CASH
BREATH EASIER

For more information, please speak to a member of staff.
Quit in 28 days.

Want to stop smoking? You're not alone.

There's a great way to the best of both worlds.

Quit Smoking here
QUIT PARTNER

You're up to **4x** more likely to Quit with 28 days support compared with no support.

Quit in 28 days.

CALL IN AND SPEAK TO
JIMIE OR LANE
OUR SMOKING CESSATION
TEAM





www.martonpharmacy.co.uk

MARTON PHARMACY

F.I. Maguire

...nialpractice.org.uk
NHS
01642 315745

THE THERAPY CENTRE

OUT OF AFRICA

malogica

MARTON PHARMACY
Therapy Centre
Opening Hours:
Mon - Fri 9.00am - 5.00pm
Sat 9.00am - 1.00pm
Registered Practitioners

...ody
...soul





Alzheimer's Society

The dementia guide

The dementia guide

Worried about your memory?

Worried about your memory?

alzheimer.org.uk

5 things you should know about dementia

1 Dementia is not a natural part of ageing

2 Dementia is caused by diseases of the brain

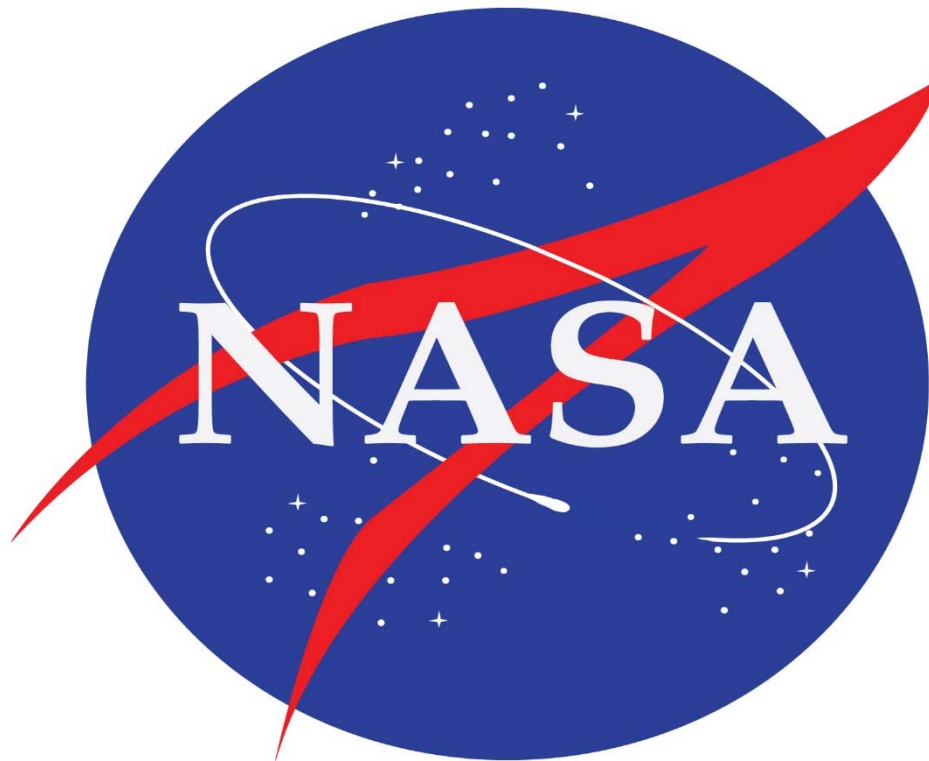
3 It's not just about losing your memory

4 It's possible to live well with dementia

5 There's more to a person than their dementia

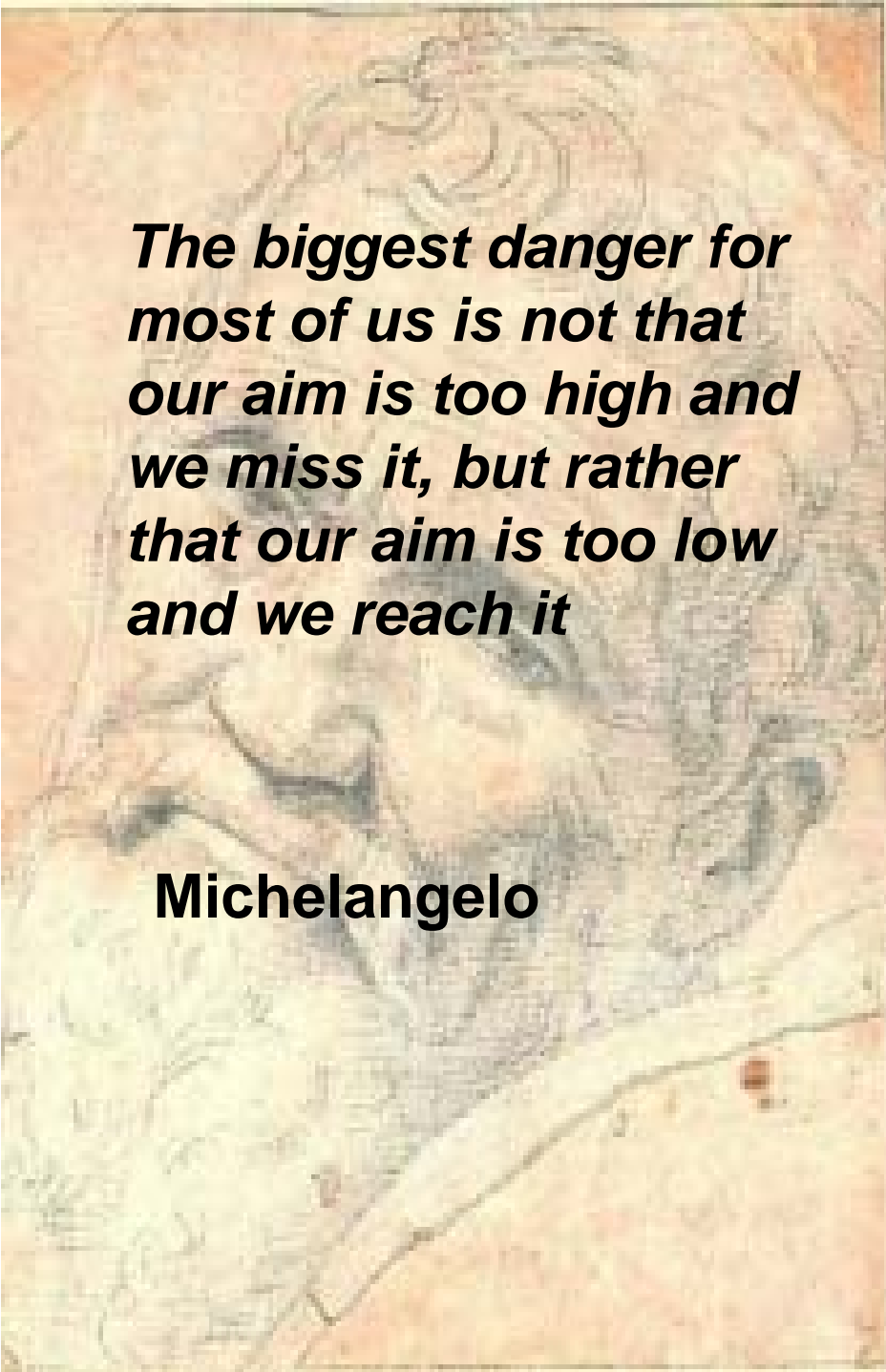
The NASA Vision

- “My role here is to help put a Man on the Moon” – A cleaner at NASA (mid 1960s)





What if, somehow, we learned who we really are, and then lived that decision – Eleanor Roosevelt

The image shows a portion of Michelangelo's famous fresco, 'The Creation of Adam', from the ceiling of the Sistine Chapel. It depicts Adam lying on a reclining position, with his right arm extended towards the center. The background is a textured, aged surface with various shades of brown and beige.

The biggest danger for most of us is not that our aim is too high and we miss it, but rather that our aim is too low and we reach it

Michelangelo

